



CALMING BREEZE

Stress Control Blend

Ingredients: Lemon Verbena oil, Copaiba oil, Cedarwood oil, Pine oil, Neroli oil, Lavandin oil, Lime oil, True Lavender oil, Fractionated Coconut oil

At the highest points of stress each day, individuals search for ways to relax and escape from feeling overwhelmed, nervous or tense. Améo has provided this opportunity with Calming Breeze. This matchless, charming oil blend provides natural comfort and stress relief to those who need it most.

BENEFITS

With essential oils like Lemon, Copaiba, Cedarwood, Pine, Neroli, Lavandin, Lime and Lavender, Calming Breeze combats common stresses and feelings of unhappiness that emerge each day. This combination of oils encourages feelings of satisfaction and delight by easing tension from within.

SUGGESTED USES

- Apply 1-3 drops of Calming Breeze to the neck and wrists to experience a gentle rush of tranquility
- Diffuse Calming Breeze in an Améo diffuser in your home or office to take in encouragement and drive out tension
- Add 10 drops of Calming Breeze to a warm bath and soak to calm and relax all of your senses
- Dilute Calming Breeze in Améo Fractionated Coconut Oil and massage into shoulders and feet to relax the entire body
- Rub 1 drop of Calming Breeze into palms and inhale to calm your mind and body

